

Beautiful Tasmania - Discover a whole new world as we take an exclusive look at the Apple Isle Q Magazine - Made Locally! Enjoyed Nationally!

# kiss and tell...

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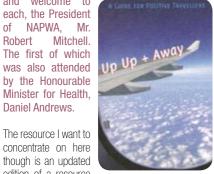
## **APRIL 2008**

Issue 45

### comment: **UP UP AND AWAY**

PLWHA Victoria Inc. officially launched two resources in February and March - the new Speakers Bureau travel brochure and an updated version of Up Up and Away - a guide for Positive travellers. As President of the organisation, it gave me great pleasure to compere both events,

and welcome to each, the President of NAPWA. Robert Mitchell. by the Honourable Minister for Health. Daniel Andrews.



The resource I want to concentrate on here though is an updated edition of a resource

launched in 2005, developed by Glenn Flanagan from PLWHA NSW and Stephen Gallagher from ACON with input from the ATPA and funding from Roche Products - Up Up and Away. Several changes have been made:

1. Entry restrictions have been organised into three, easy-to-read categories based on a 30-day stay in each country. Green means no restrictions; orange means further enquiry is recommended; and red means PLWHA are not welcome under any circumstances.

2.All the new information about obtaining travel insurance including HIV as a pre-existing condition.

3. The new edition also comes with a companion website at positivetravel.info – so you'll know as soon as any situation changes - including entry restriction laws to the United States of America.

Get a copy from the PLWHA Victoria office in South Yarra, plwhavictoria.org.au, or phone 98656772.

I also welcome back Craig Michaels to the writing team - I am sure you will enjoy his column. I hope you enjoy this month's issue of Q Magazine and urge you to make sure that whatever you do, you do it safely.



Gorgeous Pics of the Month







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### q places: TASMANIA

Hop it to Hobart - By Greg Clarke

Sir John Franklin was Governor of Van are Diemen's Land from 1837 until 1843 but few wisitors to Tasmania make a point of rushing to the man's effigy even though it may have of magical qualities — in so far as it regularly can manages to avoid appearing ravaged by rest pigeons.

The statue is in Hobart's Franklin Square [front cover picture] which is a popular escape for office workers who crave the simple pleasures of trees and sunshine during their lunch hour. But given the Hobart Visitor Centre is just beyond some of the square's stately elms, you just might pass through the park should you visit the city. Somewhere near Sir John tilt your eyes partially to the heavens, up to the sandstone clock tower atop the GPO and then across to the gargoyles on the adjacent building, and you'll get a free peep show into historic Hobart.

As it morphed from a colonial outpost with a dubious life expectancy to fledgling metropolis Hobart was a hardscrabble place, but Franklin, according to the companion to Tasmanian History, left behind an improved cultural milieu. The GPO's sandstone clock tower was funded by the citizens of Hobart and dedicated to Queen Victoria. It began ticking in 1906, and while the development considerably predates the gargoyles the consort of stony heads may have worked their own magic: charged with keeping evil spirits at bay they could perhaps claim some credit for the fact that many of Hobart's colonial buildings were never razed by a developer's wrecking ball.

Given that some 20 per cent of Tasmania is World Heritage Area, the state is often described by its wilderness but it is also, somewhat less sensationally, a bastion of fetching sandstone architecture. Hobart's lively Salamanca precinct is right be the River Derwent and Georgian sandstone warehouses run parallel with the city-side marinas. These handsome Georgians are tomes from a lively workaday era. Yet they continue to be updated and recent chapters document contemporary penchants. These warehouses are home to cafes, bars, bookstores, restaurants, galleries and hotels.

The Henry Jones Art Hotel near Victoria Dock is a style icon. In one of the former IXL warehouses the hotel is a captivating fusion of colonial and

contemporary bespoke design. The 50 rooms are partnered with smiling staff and deep Sok spas in some of the suites. If you can dig deep into the reserves of will power and drag yourself from



a suite, the hotel hires electric-powered scooters and retro-style helmets for forays into Hobart (classified as motorised bicycles, no licence is required). Nearby Battery Point is perhaps the best preserved colonial-era suburb in Australia and would be an ideal place for a scoot about.

Tasmania is about 300 km long and its waist is of similar size. In total area it's about a quarter of the size of Victoria but don't be sucker-punched by the idea of 'small'. You can spend a week within an hour of Hobart around the Tasman Peninsula and the Huon Valley, which would of course leave about 200 km of the island's north, east and west unexplored.

The Huon Valley is just south of Hobart. The DNA of the Huon is made up of rivers, orchards, forests, towns sans gentrification and homes where smoke from chimnevs searches for direction on still autumn evenings.

Michael Higgins of Huon Bush Retreats along with his partner, Paul Dimmick, is developing a booklet. The Huon Food Trail, which promotes the fresh produce and growers of the region. It will also provide more catering options for their in-house guests. Guests will be encouraged to visit nearby producers at cellar doors, farm gates and other outlets (such as specialty producers of preserves) to buy ingredients for the menus and recipes also included in the booklet. The Snowy Range Trout Farm, and the road-side stalls at Franklin (where there are also some great cafes) feature. Michael hopes that hunter gatherers will bring the ingredients back to their accommodation and try the recipes. For those who would rather sample the regions wines on the deck of their cottage than cook, Michael and co can prepare the dishes. The booklet will be produced four times a year, reflecting seasonal influences, and will include three different menus, three local food and wine trail itineraries as well as recipes, Adding inches to your girth aside, water views are almost de riqueur in the Huon. The fabulously named D'Entrecasteaux Channel was named for a French admiral and it separates the Huon region of the Tasmanian 'mainland' from Bruny Island (named also after the admiral).

The short ferry ride to Bruny departs from Kettering about 35 km south of Hobart. Bruny is redolent of the south coast of New South Wales circa 1960s in that it's still fabulously undeveloped — though there are some wonderfully unobtrusive high-tech and stylish getaways tucked into forests and secretive coves — as everyone appears to have signed up to a low density accord.

North and South Bruny are joined by a sliver of land so narrow it could make a greyhound look fat. A chunk of south Bruny is national park but the island isn't all trees, shacks and uncluttered beaches. You could set up a fine provedore on the island just by stocking a larder with islander produce. Bruny Island Cheese, the Tasmanian Fudge Company, Get Shucked Oysters at Great Bay and a vineyard, Bruny Island Premium wines, have a local provenance.



Hop, if you can, across Storm Bay and if you don't sink you'll strike the Tasman Peninsula. It's home to Port Arthur, the finest convict remnants in Australia, but on the Tasman, like Bruny, there are enough surprises to inflict a little sleeplessness upon Santa Claus. The waters off the Tasman National Park are a watery game park. Risible dolphins, whales, albatross, penguins and pelagic seabirds gambol frequently at various times hereabouts. Nearby Tasman Island is home to a colony of Australian fur seals and Sealife Experience, a coastal adventure tour, can make you and Mr and Mr seal temporary neighbours. The 31/2 tour departs from Pirates Bay and on the way to the seals the skipper sails passengers in amongst towering sea cliffs, caves and blow holes.

Sealife Experience owner Craig Parsey grew up on some of the lightstations of Tasmania and Parsey along with his guides come armed with stories about how the lighthouse keepers and their families lived. What Parsey won't tell you though is that if things got tough on Tasman Island, as they almost surely did, some of the residents may have moonlighted as acrobats. The island is now uninhabited but the remains of a wharf and a frightening flying fox that helped restock the island with people and supplies can still be seen. On a rising swell the sort of skills coveted by circuses must have been a perguisite for the flying fox boarding of the island.

When you step back on land you can be just a few degrees of separation from Errol Flynn. Hobart-born Flynn caused havoc with some of the city's debutantes before leaving for conquests around Hollywood's Warner Bros studios. Flynn's father was however a respected biologist whose research included work on diseases inflicting animals and the anatomy and development of 'the Tasmanian marsupialia'. Were Professor Flynn still alive he would perhaps be more flummoxed by the plight of the devil than the devil-may-care ways of his son.

A facial tumour disease is decimating some wild populations of the devil, the world's largest surviving carnivorous marsupial. This

fatal condition is characterised by cancers around the mouth and head, and is restricted to Tasmanian devils. Once the cancer becomes visible, death is just three to 12 months away. The disease was first reported in the northeast of the state in 1996 and in the whole of Tasmania the total devil population has declined by about 50 per cent since.

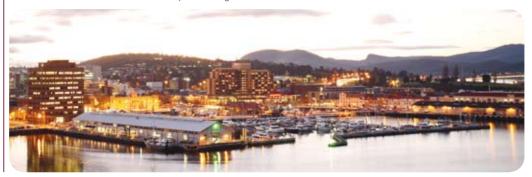
There are nine wild life parks in Tasmania. One of them, the Tasmanian Devil Conservation Park, is on the Tasman Peninsula. Each afternoon the feeding of the devils is a frenzy of bared teeth, snarls and devils scampering about with meat in locked in their powerful jaws. It's quite the show. But the parks aren't all entertainment. "Each of them can potentially play an important part in saving the Tasmanian devil," says Dr Steven Smith, manager of the Devil Facial Tumour Disease Program. "They have all got something very



positive to offer devils and devil conservation." Visitors too are encouraged to join the fight to help save the devil (www.tassiedevil. com.au) for successfully solving the devils plight might have wider implications according to Dr Smith. "Because the disease is so extraordinary there are things we might be able to learn that will help understand human cancers: research that will have beneficial lessons for human health as well as other wildlife diseases."

If you managed that hop across Storm Bay you can complete a circle by returning to Hobart, just about an hour's drive from the peninsula. Or you could head north towards the WHA around Cradle Mountain, to some of those hundreds of still unfamiliar kilometres.

Visit www.discovertasmania.com for a comprehensive guide to Tassie.



## q tour: COSENTINO - ILLUTIONIST

Amazing audiences of all ages. National Tour – 27th June to 5th November.

Unique Australian Illusionist Cosentino will embark on an ambitious 44 date tour across the country commencing on 27 June.

At the tender age of 23, Cosentino has already achieved what many performers twice his age have only dreamed of. Entirely self-taught, he has toured nationally, amazed audiences in America and won a number of prestigious awards including three times Australian Champion Magician and first prize at the Adelaide Magic Convention. He has contributed to a Guinness World Record and was nominated for a Helpmann Award for the 2007 touring production Evolution.

Combining the ambition and skill of the legendary Harry Houdini, together with his considerable charm and modern style Cosentino is quite unlike any other Australian performer. At just 12 years of age while others dream of joining a band or running away to the circus, Cosentino spent hours studying magic books perfecting his skills and performing for family and friends.

Threshold: The Art of Illusion, Dance & Escapes is a world-class performance where audiences will witness dangerous and nail-biting escapes, incredible illusions and controlled mentalism, blended with energetic dance, audience participation and humour.

Threshold highlights include; an elaborate water escape where Cosentino is shackled at the waist, wrists and leas and lowered into a 44 gallon drum filled with water and left to escape before he runs out of breath; an illusion that sees an assistant placed into a tight vertical cabinet reminiscent of a torture device and divided into eight separate pieces; an act that defies the law of physics when everyday items such as spoons and forks are examined by audience members and then bend, break and shatter under Cosentino's command: and a unique straight jacket escape inspired by the great Harry Houdini himself where Cosentino is bound tightly in the jacket and locked in a padded cell while a rack of deadly spikes hang above him from a burning rope.

Threshold: The Art of Illusion, Dance & Escapes is Playing Australia funded project.



## q beauty: with GEORGE ALEXANDER

#### Skin Cleansing

How dirty are YOU? Have you checked those pores lately? No sleep? Filthy nightclubs? About to burst from toxic overload? Well it's The oilier your skin, the more often time you get a GOOD, DEEP CLEANSE!

#### Twice a Day:

Daily cleansing is not only for aesthetics, it's also for **Usage per week**: good skin health. Clean skin is healthy skin. Skin should be cleansed gently at least twice a day, morning and night. At night, you need to cleanse skin to remove pollution and general grime from the day, whilst you sleep, your skin naturally excretes oils and toxins, so in the morning a light cleanse will Mask: Combination /Oily skin, two to prepare your skin for the day ahead.

#### Weekly:

In addition to daily cleansing, weekly deep cleansing is vital. As your skin naturally renews itself (which At the end of the day, why not give takes around 28 days), it sheds dead skin to facilitate the arrival of new skin. This is called the times a week to relax with a bath and skin's natural exfoliation process. Here's where an mask. exfoliating product is necessary. If your skin has a build up of dead skin, it may look lacklustre, uneven in texture, clogged, pimply, flakey and basically a wreck!

Exfoliating products will aid in removing the dead skin layer, revealing clean, soft, new skin underneath. Most exfoliating products contain spherical microbeads (little balls) that you gently massage over skin trying not to use too much pressure (products with jojoba beads are preferable to plastic beads). Your skin shouldn't move during application, so make sure you add some water if necessary to give more slide. Be sure you don't get any product in your eyes and when you're ready, rinse it off thoroughly with lots of water and a facial cloth. The drier your skin is the more you should exfoliate.

#### Reveal Your New Skin:

Now that your skin is clean and exfoliated, your skin will be ready to be deeply cleansed using a mask. This is the perfect time to use any mask, as the treatment benefits will be enhanced due to the fact you are treating new, vital skin, rather than layers of dead skin. Pores also relax allowing masks to get in that little bit deeper.

Using a clay based mask will help to draw impurities and clear bacteria. Consider this your weekly vacuuming, like you give your carpet.

Read the directions on the products for correct usage.

Generally masks are left on for at least ten minutes, avoiding the eve area and are generally water soluble.

you should use a deep cleansing mask

Exfoliator: Combination/Oilv/Normal skin, once a week

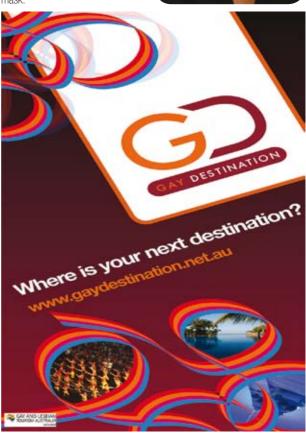
Dry Skin, two to three times a week

three times a week

Dry/Normal skin, once a week

vourself fifteen minutes a couple of





## q whispers: with ADDAM STOBBS

Do you think there is a conspiracy? Are we all paranoid? I KNOW there is something going on, behind my back, just out of my line of sight, in the dark and quietly. I'm not sure what it is, but it is insidious. They're plotting to get me. They don't like me, they think I am not worthy. Who are the 'they'? There are a lot of them.

They talk about me behind my back, and plot. They watch without me knowing, or so they think. I know they are watching though. They look through my inner thoughts and secrets, and send messages to each other about me. They scheme and plan to get me to do the things they want, and when I do all of that, you know what? They want more.

The irony though is that I will soon be one of them and I will be joining in the ravage and carefully scrutinizing people around me without them knowing. Do you know who they are? There are a few of them, the most insidious are the one who control the money. Recently I thought about getting a credit cards with a rewards programme attached. There are a few, but I don't have a regular income (wages) and I've only had one credit card with a small line of credit. I logged onto one of the bigger bank web-sites and emailed and inquiry form. The form had very little request for personal details, or financial descriptions, so I expected I would be invited to apply for a card. This was on a Thursday evening. To my surprise on the following Monday a credit card arrived in the mail, ready to be used all set up with a \$10,000.00 limit.

I may be paranoid about this, but this is almost inciting me to spend money and run up significant debts. I rang the bank to check this out and I was surprised to learn how much they knew about my personal details, how much I own, how much I owe, and how many men tried to touch my bottom (well not the last bit — but they may know that as well).

I've taken on a short contact to assess some trainees, and what surprised me when I got the first assignment, the amount of very personal information was included in the files for the trainees. (Don't panic if you're reading this and you know me, you are not one of them it's in a remote location).

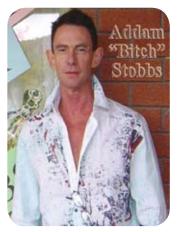
This pressed my "conspiracy theory" button, I love them, and I pretend that I am acting one out frequently, to terrify my colleagues.

Paranoid theories are not big in Australia, but they abound in more eccentric cultures (Mostly the USA). Here are some of the more interesting and widely believed ones that I researched on the internet.

The US government perpetrated 9/11. The royal family was adducted years ago and replaced with human-reptile replicants. The Nazi's had a secret moon-base with the same reptile-aliens in 1942, and several other alien races. Apollo 11 and the moon landing were faked by NASA. Barcodes are secret mind controlling symbols. The US military created the 2004 tsunami. KFC was invented to make black men impotent. The matrix is real, we are in it.

Do we have any local G&L ones? I do recall hearing the HIV was created by the CIA. I also recall being told that all bald men lost their hair because they masturbate too much, and that they were planning a secret rebellion to exterminate all men over 45 with hair. If men taste their own semen they go insane, and that girls who wear men's sock will turn into lesbians.

The best ones are the ones that straights used to think about homosexuals. I was out of town recently in a remote rural location, and they told me that the 'ritual' homosexuals



performed when they came to town and wanted to meet other homosexuals was to walk anti-clockwise around the fountain in the main street twice, then tie their left shoe lace twice. Guess what? It didn't work. Damn. Maybe I look too obvious.

#### **Q** Watch

CAIRNS GAY HISTORY PROJECT

QAHC Cairns is seeking help from anyone who may have lived in or visited Cairns from 1960 onwards to assist with the compilation of a 'History of Gay Cairns'. Memories of the Cairns gay scene are being recorded to be printed in booklet form. Any contributions from expats would be very welcome.

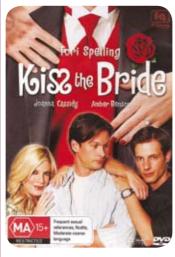
Photographs and other printed material from private collections would be handled with the utmost care and returned after they have been copied. All contributions will be acknowledged. Joint co-coordinators of this project, Rex Masters and Ian Byford are both long time residents of the city. Email mquick@qahc.org.au if you have any content for this project.

**INFORMATION • SUPPORT • REFERRAL** 

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www.connectline.com.au

## q win: APRIL SHOWERS OF GIFTS



#### fg Films

It's the latest in a series of exceptional gay films made available to Australian audiences - Kiss the Bride, starring Aaron Spelling's pride and joy, Tori, and a stella support cast. Q Magazine is lucky to have four dvds to give away so...simply email getfree@qmagazine. com.au OR sms 0429 88 QMAG with *Kiss the Bride* in the subject line to play to win.

#### Lyric Opera

2008 marks a new beginning for Lyric Opera of Melbourne. Cameron Menzies is

the Artistic Director, as a performer, director and designer he brings a huge amount of talent to the company. Supporting him is Music Director Amanda Hodder, already a very experienced musician for her young years.



Il re Pastore by Mozart (The Shepherd King) Performance dates: April 18, 20 (5pm), 22, 23, 24, 26 (8pm)

Written in six weeks in 1775 by a 19 yr old Mozart, II re pastore was commissioned for a visit by the also 19yr old Archduke Maximillian Fanz to Salzburg.

Love or duty? To stay a shepherd and love your childhood sweet heart, or fulfill your destiny to be king? Set in the time of Alexander the Great, this exquisite opera takes us through the trials bestowed by destiny and will open your heart to the innocence and

joy of true love. Tickets Prices \$48 Adult, \$38 Concession BOOKINGS at CHAPEL OFF CHAPEL 03, 8290, 7000



We have one double pass to giveaway to the opening night's performance [18th of April]. Simply email getfree@qmagazine.com.au OR sms 0429 88 QMAG with *Lyric* in the subject line to play to win.



#### Doc Johnson

P3 Power Balls<sup>TM</sup> - Velvet Touch vibrating anal beads made from phthalate-free ABS plastic. Each ball contains its own motor controlled by a RF jack, 4-function multi-speed controller. Available in baby blue and pink. We have five baby blue versions of this exciting new product to giveaway [please refer to In Bed with Ben page for more information]. Simply email getfree@qmagazine.com.au OR sms 0429 88 QMAG with *Doc Johnson* in the subject line to try your luck.

## Kusco-Murphy

#### Kusco-Murphy

Our good friends at arguably the worlds finest hair care product company - Kusco-Murphy have come to the party and given us a faaaaabulous hair and body care pack including: body scrub, body cream, intensive conditioning treatment, and a selection of gels. To test your luck at winning the pack, simply email getfree@qmagazine.com.au OR sms 0429 88 QMAG with *Kusco-Murphy* in the subject line to play.

\* All prizes are open to everyone, except those which specifically state you must be over 18 to enter. Entries close on the final day of each calendar month with the prize draw taking place at 5pm the following day at Apt. 7, 16 Westbury Grove, St. Kilda East 3183. Names and addresses of people winning prizes valued at or over \$250 ONLY will be published in the following issue of QMagazine. All monthly winners are notified by email or SMS.

## g style: with CRAIG MICHAELS



Hi guys,

at style, what is style, new enhancer for guys. who creates it and how to you. Over the next several months we will look at the different components

along the way. After all it is about creating that first impression and capturing a look from that cute guy that serves you at your local café or pub (you get my drift) What was it that caught your eve? Was it the As great outfit, those tight hot buns or just the way that magazine reader, see he puts his own signature on his style?

Well the secret is out and I have just opened a new store at for a free 2(x)ist offer. 53 Chapel Street Windsor called "First Impressions Count", where it is all about helping you create your own style and creating a look that suits you, to impress him the next time you bump into your guy. The hardest part of creating a style is working out what you are trying to achieve. Is your body shape going to work with that style or have those extra few beers determined that you are not able to wear something home with. so tight. The other tricky part is looking your age, what style suits your age or are you one of the lucky ones that can hide your age rather well (Botox). This does not mean that we have to dress the same as others, our age; it just means creating a style that suits you as an individual.

This month we are going to talk about underwear. Underwear is about creating a sexy hot style for yourself (if you wear underwear). Finding underwear that makes you feel good is important, as there is nothing worse than taking a guy home and off comes the jeans and he has hideous underwear on, then for a split second the heat of passion and excitement can disappear until they're at least on the floor

So when it comes down to what will create a great style. you need to think about how your underwear makes your package look underneath your suit (oh yeah, a hot guy in a suit with a great butt yum) jeans, overalls or just your uniform. Don't forget you are on show at all times, you never know who is checking you out.

However style is about seduction and making the fun last even longer with the new guy or getting your partner excited to see you out of those tired old undies. Surprise them with some hot different colours and styles that enhance your look. At "First Impressions Count" we are stocking the new collection of 2(x)ist underwear which can enhance your style if you get what I mean.

The no- show trunk is one of the hottest new looks for the guys as In this new section of Q it actually packages your bits to give you more shape and look even Magazine, we are looking bigger then you are. It is just like the wonder bra for girls, but it is the

create the right style for When you are looking at creating a style that suits you next time you're shopping, try some colour instead of the basic black or white in your choice of underwear next time and have some fun.

that can create your own style and who can help us If you need some help, style advice or have any questions relating to your style you can email us at style@gmagazine.com.au or pop in to our store.

> valued the "First Impressions Count" advertisement

Until next month, have fun creating your style, with that guy who you are trying to pick up or even have gone



## HAIR DESIGN

For all your colour, cuts and hair needs, come and see the friendly staff at Flec Hair Design.

See you soon!

Shop 808, 165 Commercial Rd South Yarra, 03 9827 4822

## Q lifestyle: with PETE DILLON A monthly review of the world of Food, Bars, and Wine

Boozehag

With the arrival of autumn in a big way, the character before attractive aniseed and dill heavens opening and the fire needing to be lit, characters make an appearance. There are I wanted to look at some of the best drinking also some floral aromatics from the moscato ideas to get you through to winter.

I recommend though, that a visit to T'Gallant in Red anything 'new-world'. There's a lot going on Hill in Victoria, is a must if you are in the area. Kevin with great length on the palate and a phenolic McCarthy and Kathleen Quealy are two of the most mouthfeel that one doesn't expect in a white adventurous wine makers and recently, launched wine. This sets it apart though - making it a their newest ranges/vintages at a massive do at the 'sommelier's wine', as it screams out for food. end of the Melbourne Food and Wine Festival. In There is Chardonnay's ripe stone fruits that - an old roman earthen urn that is buried in the expected from a red wine. ground to allow the maturation of the wine.

their newest offering of a very different wine, they gmagazine.com.au or 0409142365 have come up with something so unique that it is hard to ignore.

The 2007 T'Gallant Claudius Mornington Peninsula white wine is on the edge, inspired in part by the controversial but fascinating wines of Josko Gravner in Friuli (in far North Eastern Italy, near the Slovenia border). A blend of Chardonnay (80%), Moscato Giallo (5%) and Gewurztraminer (15%), Claudius was made using red wine techniques such as extended maturation on skins, 100% new oak and bottling without fining or cold settling. This means the wine is cloudy (hence the clever use of the name Claudius).

Winemaker Kevin McCarthy boldly states, "Every rule has been broken with this wine!" All of the fruit was handpicked and 30% was de-stemmed by hand. Claudius is fermented on skins. The wine was then pressed into 100% new French oak barriques. where it was matured for seven months. There's a deep attractive green gold colour in the glass, while



Queer Film @ Bendigo SYTYCD weekly interviews One on one with Carl Riseley Introducing the Yabbering Yank...

on the nose there's obvious 'wild ferment' component with the new oak sitting nicely with the fruit. The palate sits well away from



the true spirit of doing something completely left of balance well with the oak, with undertones of spice. Seeing it's made like a centre, they have started making wines in amphoras red wine, it's not surprising the Claudius has the texture and mouthfeel that is

I know all of that sounds wanky and that's not usually my style, however it would Apart from being at the forefront of the production do the wine an injustice not to tell you about it. Bang some corn fed chicken of pinot gris and pinot grigio, these winemakers are on a plate and serve with a green peppercorn sauce and lo and behold, it is a willing to take some risks. And with the Claudius, marriage that can't be beaten. For more information, contact Pete at lifestyle@





Planet Positive

An afternoon for people with HIV & their friends

Join us for an afternoon of entertainment, refreshments, and door prizes in a safe friendly environment.

> Saturday 12 April from 1pm to 5pm Stingo Hotel

48 Hoddle Street, Abbotsford

No Cover Charge

For further information, email planetpositive@plwhavictoria.org.au phone 9865 6772 or visit www.plwhavictoria.org.au

## q fashion: with LUKE ADAM-ALLDER

Aaah the leaves are falling and the rains are here. This brings us into middle of autumn where fashion hits its straps. Light summer cotton cardigans can now be layered with scarves and coats and all things warm and fuzzy.

Ted Baker London have beautiful knee length pea coats in greys and charcoals that are divine and warm. Last years chocolate angora coat from David Jones is working a treat already.

Armani Exchange is using fine wool blends in dark muted colours in bomber jackets, blazers and the ever practical raincoats. Soft treated leather coats are in and Calvin Klein has sexily used urban black vinyl, lacquered nylon and pressed felt in hip and knee length jackets.

Cardigans in softer autumn tones with loads of chunky buttons remain in favour for this season and look fabulous when layered with a thicker coat and some dark denims.

Suits are looking totally hot as well, with the Prince of Wales Check and Armani pinstripes ever popular for winter in black, grey, charcoal and chocolate. Note the thread count this season though. If you want a suit to get you through the autumn race carnival, make sure it has a high thread count.

Houndstooth are also bursting back onto the catwalk stage. Lanvin of Paris has beautiful well cut suits that highlight your best bits!! Throw on a vest for that classic three piece look.

It's all warm and fabulous in colour and texture but as mother always said, people will notice your shoes first so make sure they are clean and polished.

Consider the options of what to team these things with. Bainbridge and Kay ties in a plain stripe or simple check are nice, with a pocket square in the front that you can purchase from Harrold's. Throw on a Louis Vuitton chronograph watch and some Oroton cufflinks and you are ready for anything. Grab, if you are willing to throw away a mortage payment or two, some Louis Vuitton patent leather shoes at \$1200 a pair. Finally a Herme's belt at \$800 and you are the most expensively dressed man in town, but you will just look so now.

For a more casual look: Team some Camper speakers with the suit and lose the tie.

Thin ties are on their way back again so be sure not to throw out those you have. Dark low rise denims still look great and are teamed well with an open collared shirt and any one of a number of gorgeous new knits.

Look your most stylish this autumn and winter and fear not, it does not cost too much to look good.



## q culture: AIDA COMES TO MELB

Sir Elton John & Tim Rice's Broadway smash and fostering emerging artists. In recent hit comes to Melbourne:

Devanesen Productions is proud to present the Woods, Rent and the Australasian premiere Melbourne premiere of Elton John and Tim Rice's of The Wild Party. With an uncanny ability AIDA at Gasworks Arts Park this April. This Tony and Grammy Award-winning musical retells a story that Devanesen Productions has received more exists in the collective imagination of many by virtue than 30 nominations and commendations of Verdi's opera. It is a mythic story of a love that from the Music Theatre Guild of Victoria in ultimately transcends the vast cultural differences between two warring nations, told now in the pop idiom. The sweeping score captivates spectators AIDA is a show that will inspire and enthral with its pop, rock, and gospel anthems while the audiences, with a wide appeal. It is playing tale of a heroic woman torn between her private passion and duty to her enslaved people resonates to be a dynamic fusion of local talent with with contemporary audiences.

Following their success with the Oscar winning film AIDA and subsequent Broadway phenomenon THE LION Music by Elton John, lyrics by Tim Rice KING. Disney theatricals were keen to revisit the magic of the collaboration between pop culture icon David Henry Hwang By arrangement with Elton John and musical theatre royalty Tim Rice. Hal Leonard Australia Pty Ltd, exclusive Initially released as a concept album, the recording agent for Music Theatre International (NY) of AIDA boasted performances from recording legends like Tina Turner, James Taylor and chart Gasworks Theatre, Gasworks Arts Park toppers like Janet Jackson and The Spice Girls. Corner Graham and Pickles Streets, Albert This marriage between styles was an instant hit, Park Friday 18 April to Saturday 26 April, and when AIDA transferred to the Broadway stage 2008 Wednesday to Saturday at 8pm, it garnered critical and public acclaim.

Now AIDA finally comes to Melbourne for the first \$33 Bookings: t: 9699 3253 or www. time as Devanesen Productions' inaugural show gasworks.org.au in their newly announced residency at Gasworks Arts Park, Devanesen Productions is a Melbourne Image attached; Jessie Yates (Aida) & David Bleier (Radames) based company focusing on contemporary musical theatre, putting an emphasis on discovering talent Photo Credit: Andy Rogers

vears they have presented award winning productions of musicals such as Into the to find the finest new talent in Melbourne, their short history.

for a strictly limited season and promises an epic tale.



Book by Linda Wolverton, Robert Falls &

Tuesday at 8.30pm, Sunday at 5pm Saturday 26 April also at 2pm All tickets



## g grooming: YOUR Q & A SECTION

Q. What tips do you have for keeping my hair glossy and healthy?

A. The first step to healthy, shiny hair is a regular routine to keep your hair in its healthiest state possible.

Start by finding the right shampoo and conditioner for you - try different types and monitor your hair closely to see what works for you.

Shampooing opens up the hair shaft to cleanse, and can dry your scalp, so always follow-up with a conditioner to smooth the ends and moisturise your scalp, and always rinse hair properly - shampoos and conditioners will weigh your hair down if they're not washed out fully, so always rinse out excess, twice if needed!

TRY – Hi-Shine Extra-Body Shampoo and Conditioner by The Natural Source - \$12.95 each

Email: grooming@qmagazine.com.au

## q theatre: FLY LITTLE ONE FLY

Cabaret cocktail of the month: 'The Purple REGULAR NIGHTS Passion' - a cocktail which will paint your tongue purple in an insidious ploy to generate CHRYSALIS CABARET word of mouth publicity for the Purple Comedy New shows spread their wings Festival.

Looking ahead: A new cabaret trio is born! Comedy shows, there are only three types of songstress Karin Muiznieks, cabaret filth-merchant people: the devotees who can't get performing on the second Friday of every month for the rest of 2008.

### Downie in IT'S NOT ROCK!

quitar, drums and three crazy muso's in one tiny performances by upcoming cabaret stars. room? Well it might be a tight squeeze, but it's to Meatloaf! It's not rock, but it's bound to rock, Nov. final night Wed 3 Dec) Ticket price; \$15 your world!

Dates: Thursday 24 to Sunday 27 April Times: WITHOUT APPLAUSE of 8 or more

#### FLIGHT OF THE BUMBELLINI

ranging from The Andrews Sisters and LaBelle to come on to greater Melbourne with their debut show. Chaka Khan and Amy Winehouse.

Hov. Helen Patterson and Cathy Woodhouse. accompanied by Laura Tipoki, in this hilariously Ali McGregor in EVERGREENS titillating revue.

shows at 9.00pm Ticket price: \$25

#### Tammy Ingram in "THE FRIENDS WITH Kylie Minogue with plenty more in between. BENEFITS" TOUR

great contemporary artists as Feist and Joan as policewoman.

price: \$15

When it comes to seeing cabaret

Reuben Krum and musical boy-wonder James enough, the connoisseurs who are discerning about what they choose to see, Simpson are THE REBELS WITHOUT APPLAUSE, and the curious who are intridued but don't know where to start.

No matter which category you identify with, The Butterfly Club's latest enterprise provides. The first Wednesday of every month is now a regular preview night Tara Minton, Ash Clements-Tyler and Owen showcasing four of the best, the newest and the most eclectic performances the Club has to offer. This is an exclusive sneak peak at the latest shows opening in What happens when you put a piano, harp, bass, Melbourne, new material being workshopped by established artists and debut

bound to be a lot of fun! Join Tara, Ash and Owen Dates / times: First Wednesday of every month at 8.00 pm (Wed 2 April, Wed as they play everything from cheeky jazz originals 7 May, Wed 4 June, Wed 2 July, Wed 6 Aug, Wed 3 Sept, Wed 1 Oct, Wed 5

### Karin Muiznieks, Reuben Krum and James Simpson are THE REBELS

Thurs – Sat at 7.00 pm; Sunday at 6.00pm Ticket He's dirty to the point of unsanitary, she's busty enough to affect zoning laws, price: \$20 full / \$15 concession and for groups and no one really knows anything about the little one ... except that he's good with his hands.

THE REBELS WITHOUT APPLAUSE are here! Comedy songstress Karin It's about love, life, boobs and the state of the Muiznieks cabaret filth-merchant Reuben Krum and musical boy-wonder James universe ... it's the conversations we have when Simpson (yet to be house-trained) combine faster than bacteria in a Brunswick we think no one can hear us - but this time the Street souvlaki to bring you this award-winning Cabaret Trio. Returning from audience is listening, Indulge in an exquisite a whirlwind tour of the Melbourne Centrelink circuit with a brief command confection of explicit conversation and music performance in the queue at Medicare, THE REBELS WITHOUT APPLAUSE

Dates / times: Friday 11 April at 10.30 pm (second Friday of every month) Don't miss award-winning cabaret artists Jacqui Ticket price: \$25 full / \$20 concession and for groups of 8 or more

Harking back to the days when standards were the making of any singer and covers weren't just for 'idols', Ali McGregor sings her favourite 'Evergreen' hits Dates / times: Thursday 24 to Saturday 26 April, all just for you. Following on from the successful 'Midnight Lullabies' she is joined by Ben Hendry on drums and Chris Hale on Bass as they work their way through their CD collection from AC/DC and Kate Bush to Guns 'n Roses and

Tammy Ingram brings to the stage her unique Dates / times: 8.00 pm Wednesday 23 April and Wednesday 21 May Ticket blend of indie folk 'n'roll in the tradition of such price: \$25 full / \$20 concession and for groups of 8 or more

The Butterfly Club 204 Bank Street, South Melbourne Tel 9690 2000 www.thebutterflyclub.com www.myspace.com/thebutterflyclub www. Date / time: Sunday 27 April at 8,00pm Ticket facebook.com/group.php?gid=5748653981 Open:Wednesday through Sunday from 5.00 pm til late

g websites: **OZIWI** 

Social Networking Downunder has arrived: In an edge of the world first, new social networking website. Oziwi has launched its social media network DownUnder.

The Oziwi service is free, and features unlimited storage of videos, photos and documents, a personal homepage that is clean and easy to navigate, email account, information on the lands DownUnder and an events calendar showcasing all that's happening at the edge of the world.

Oziwi is a demographic specific social network that plans to leave behind the irrelevancies of myspace, facebook and bebo to many social networkers DownUnder.

in New Zealand) says the "The social networking the obvious success of myspace, facebook and on Oziwi. bebo, however these sites are mostly irrelevant to Australians, New Zealanders and the Pacific Islands. Oziwi Holdem because of their popularity."

Oziwi has a lot of confidence in the fragmentation of the myspace, bebo, facebook business models going forward and believes it has positioned itself correctly to take advantage of the anticipated migration to specific and relevant social media networks to the user.

Oziwi are developing a number of components for Oziwi that will be rolled out as they are developed **IVM Instant Video Messaging** and include:

#### **User Engaged Advertising**

This is where the user of the advertisement is invited to interact with the advertisement answering or promote the item in real time via IVM. questions or following instructions during the Ad. The user is then rewarded with points which are Oziwi mobile redeemable with the advertiser

#### **Branded Skins**

This is where the advertiser on Oziwi will provide advertisement to place on their profile.

#### Oziwi Auctions and Classifieds

auction. So Imagine been able to sell your items from



#### Oziwi Events Calender

With this component you can search for events DownUnder, add events to the CEO Greag Nelson (developer of AA LemonCheck event library and invite other members to events with you.

business model has well and truly been proven with Everything happening DownUnder from concerts to the footy you can find it

Simply put the big 3 are becoming unpopular Enough said about this component. The thing that will set apart Oziwi Holdem is the community and the IVM component.

#### Oziwi Rewards System

Gain rewards from Oziwi for uploading original content, visiting your profile, engaging in advertisements or just being popular and then using the rewards as currency in the Oziwi Holdem room, auctions or with the advertisers on Oziwi.

#### Weh2Txt

Send txt messages from your profile to mobile phones throughout the world.

Imagine communicating with other members in real time in a video, voice text chat from your profile or whilst playing Oziwi Holdem.

Even better when your selling an item on your auction you can answer questions

Already there is limited connectivity to Oziwi from cell phones whereas you can upload pics and vids to your profile, however Oziwi has plans to fully integrate the handset to Oziwi.com.

a Branded Skin to users who participate in the Oziwi connects people DownUnder all over the world and it's where members can stay in touch with their friends, connect with new friends, share photos, share videos, discover new interests or events and just chill out.

This cool component allows you to market your items. The people who work at Oziwi know a lot about what makes social networks fun. for sale via a static advertisement or with a real time and believe that with Oziwi they've evolved the concept forever.

your homepage. (no more visiting ebay or trademe). Q Magazine - supporting small business and new concepts in our community.





# 

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## q art: SAMANTHA THOMPSON

Light and Dark

A busy and prolific year has seen interest in Samantha Thompsons work reach new heights. Her bright intuitive work uses bold lines, strong colour and evocative images, celebrating both male and female sensuality. In 2007 Samantha moved her studio base, a casual, comfortable place to meet clients, discuss commission ideas, view new work, prints, back catalogue work and current work in progress. After vast experimentation she has developed other areas of her work to include large scale acrylic, ink, glass and prints.

Accolades came thick and fast last year with solo shows at Collective Gallery Melbourne and Territotory Colours in Darwin, and representation at Forbes Art Gallery in N.S.W, Bella Art Gallery- Queensland and Art Melbourne. Perhaps the biggest highlight for Samantha was the international interest in her work. with originals and commissioned work going to Florida, New York, London, Scottland and Canada, she has an upcoming show at The Convent and Guanzing International Art Fair, China. With having also been selected as a feature artist by the "Chairs for Charity" Event, 2007 has proven

Samantha Thompson impossible to ignore.

Samantha's newest work will be on show at The Convent March 16th until May 7th 2008. Her exhibition looks at myths as magic mirrors in which we can see the reflection of not just our own deepest hopes and fears but also those of people from the earliest times. Lying at the roots of much of our literature, art and religion, myths represent the heritage of the worlds imagination.

The new show 'Light and Dark' - held at the beautiful Convent Gallery, will feature new, bold, colourful oil works based on Islamic/Asian and Indian Myths, using images and stories that are thousands of years old.

Visit www.samanthathompson.com.au for new work! or for more show detailswww.theconvent.com.au





## q movies: HAVE FUN INDOORS



This is one to definitely place in your diary to go and rent at the end of May - THE LAST SECT [through Eagle Entertainment]. Continuing the Van Helsing themed Vampire movies, the worldly professor and his eager assistant discover a website which randomly starts - showing graphic visuals of men being devoured by a throng of women. They also discover that this is linked to a women only dating service. Sparking off an intense investigation and ultimate battle between the girls and their slayers, The Last Sect takes the whole idea of the living dead to a new level.

I have always enjoyed vampire movies and this one, although the acting is a little suspect at time, is a good watch and highly entertaining. Girls kissing each other, sucking the blood from unsuspecting men, and using the internet to do it - could this be the beginning of a whole new series of vampire films? I hope so.

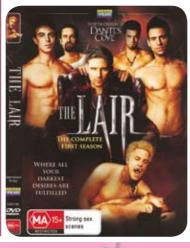
You don't have to be fat to be a fat girl! Why fit in when you can come out? Two phrases that probably say what this film is all about. Out and About Films are pleased to release

FAT GIRLS - a story about a young man coming out, but in a very funny way. He is surrounded by a pot pourrie of interesting characters - best friend, cousin, hot british

student, Christian mother, Lesbian parents, disconnected father - as he makes his way through this most important journey of his life. Narated by the main character, Fat Girls has something for everyone. An extremely pleasant watch, while still being able to convey all those stresses and challenges of being a gay youth in todays society. Get it, watch it, enjoy it! I did.



**THE LAIR** - released through Out and About Films is eye candy heaven. I doubt it will ever hit free to air tv in this country, but the Lair is a series [obviously from the front cover images] about Vampires. It follows the trail of a young gay journalist investigating some so-called John Doe murders. His investigations lead him ultimately to a city club where the boys do their thing and the vampires do theirs. Possibly not the best acting in the world, nor the greatest script, but if you want bodies, boys, slight intrigue, and an age-old myth - this is definitely your pick.



#### 

### in bed with: BEN

#### 3 Good & 3 Bad Ways to Break up With Your Alright, there really is no good way to break Partner

Ok, your boyfriend is either boring the crap out of you, has a streak of the green eyed monster, is cheating on you or is just plain obnoxious. Whatever it is it may just be time to cut the fat (not massage it like you have been doing!). But just how do you do it and how do you make it easy on him without coming across like an arsehole? Here's 3 good and 3 bad ways to break up with your mate. So let's start with the bad, they're way more interesting and more than likely, you've either done them or been victim to one of them at some stage of your life.

1.SMS - C'mon, this has got to be one of the worst ways you can end a relationships (albeit the easiest and it only costs 20 cents!) however it is one of the most gutless ways you can imagine to do it. Give the poor guy a break, unless he's been cheating on you, in that case, drive over his cat!

2.Crowded Restaurant - If your boy calls you out of the blue and gets you to meet him at a restaurant you could be in for a nasty surprise, especially if you go there separately and there's been a lack of contact lately and you feel something isn't guite right between you. If he decided to do it in a public place just for the sake of it, make a scene, that's clearly not what he wants, oh and don't pay the bill! Have some self respect will you, this one's clearly on him!

3.Instant Messenger - Ok, this one is just plain you're just using the person. unfair. There is no way that he will be able to get will be a long, painful and a drawn out process. a good friend.

up with a person, I lied, they're all pretty awful. Nonetheless you can make it easier on them. Here's 3 easier ways to break it off.

1. Phone – The phone isn't absolutely ideal but in some instances it may be required especially if you're doing a long distance relationship. Be open and honest and explain why it's just not working for you. Always be respectful of the

other persons feeling and oh my God, never ever ever say, "It's not you, it's me!" Bullshit! That means that it's them and you're too gutless to say so.

2.In Person – This is the best, do it either at their place or yours, Allow for tears. hugs and break up sex (ah derrr!). This way everything that needs to be said can be said. Let them give you reasons to stay together and allow them to go through the process. If you allow them to ask all their questions then and there. it will allow them to heal a lot guicker.

3. Hand Written – Write them a letter explaining what has been going on and that it's just not working anymore. Give a few reasons but always mention that if they have any guestions they can call you or meet in person. This is still slightly a gutless way to do it but if you're really having trouble doing so in person, at least take the time to write them a letter and show that you still respect them. By the way email just doesn't cut it.

#### So, what's the go on break up sex?

I know you want to know. Sometimes it can be healthy to get it out of your system just one last time. However, it needs to be mutual and both parties feel like that it will bring closure to the relationship. Oh and by the way, it's not break up sex if you keep going back for more. That's just prolonging what should have been ended long ago. You get one shot and that's it, anything more and

full closure if you do it online. Questions will want. There you have it, 3 ways to break up with someone if they've been a complete to be answered and unless he can type fast it jerk and 3 ways to do it if they still have a place somewhere in your heart as

NORTH HOLLYWOOD, Calif. - Doc Johnson, the world's largest manufacturer of adult novelties, has released its newest anal wonder – the P3 Power Balls<sup>™</sup>. For the first time ever, a toy has launched from the industry kingpin featuring three balls containing individual 4-function motors.

Made with phthalate-free ABS plastic, these vibrating balls are some of the safest anal toys available. To add comfort to safety, they're developed with Doc Johnson's patented velvetysmooth Velvet Touch™ material. The P3 Power Balls, also feature a RF jack multi-speed controller. "Once again, we've developed an innovative product using premium electronics to meet the consumers always-evolving needs and concerns." said Chad Braverman, Doc Johnson's Director of Product Development and Licensing. "Anal beads have always been a high-demand offering from our catalog. With the launch of the P3 Power Balls, our new and loyal customers will enjoy a powerful, cutting edge anal toy for their personal enjoyment."



The P3 Power Balls™, which run on two AA batteries, are available in Baby Blue and Pink.





Front and the form of the contract of

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HIV/AIDS
Gay Men's Health
Safe Injecting & Needle & Syringe Programs

1800 900 005 / 03 6234 1242

Hepatitis C 1300 HEP ABC (1300 437 222)

tascahrd.org.au

319 Liverpool Street, Hobart.

9am - 5pm Mon- Fri (Tues 12:30pm - 5pm)

### awareness: SPEAKERS BUREAU

In February this year, the PLWHA Victoria Research shows Speakers Bureau launched a new campaign travelers who made informed at the State Library. It brought together choices about safer sex at representatives from many sectors including home were prepared and Government Ministers. Non Government protected themselves when Organisations, the corporate sector and traveling overseas. So raising their extraordinary HIV positive speakers. The personal narratives of the speakers about living with HIV have an impact that the printed word can never match. They to protect young Australians. make a compelling and powerful educational experience and increase the likelihood that The audiences will put the lessons they learn into use in their lives.

Some facts: Less than 1% of the total population of people living with HIV worldwide are gav men ·There are approximately 5000 new HIV infections worldwide every day, half of them taking place among young people aged 15-24, over half of them women and children · Heterosexual transmission has taken over as the main source of new HIV diagnoses in the United Kingdom.

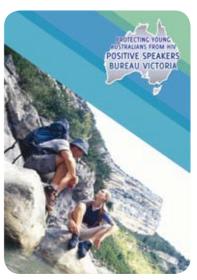
Australia has been considerably more successful in containing HIV than America, because state and federal governments were willing to work in partnership with relevant communities to fund education, treatment and outreach. In the early days of the epidemic, a courageous decision was made to educate the whole Australian population about safe sex. Since then we have been so successful in containing the epidemic, many heterosexual Australians think that HIV isn't something that concerns them.

We can do more to motivate young Australians Australians love to travel overseas and travel is cheaper than ever before for young Australians to backpack around Europe, the America's, or South East Asia. Among backpackers surveyed in Sydney and Cairns, 39% had casual sex in Australia with someone they had known for less that 24 hours. Half used protection only occasionally when they This new campaign has had casual sex and one guarter never used it at all. One in five school leavers believes that HIV affects only gay men and drug users, so they may school Principal, and to not realise its prevalence within the mainstream the CEO's and Human community in countries they visit. They may also meet other travelers coming from those countries.

So what can we do to protect young Australian Victoria website at www. travelers?

awareness of the realities of living with HIV / AIDS is an important step we can take

Speakers Positive Bureau campaign is the culmination of 18 months work. However the idea of a NGO and a large multinational corporation working together to promote the importance of HIV positive speakers as community educators began over 8 years ago. A



partnership such as this requires an enormous level of trust and in particular the ability to reach a common goal, Merck Sharp & Dohme has supported community development at PLWHA Victoria for all of this time.

The Positive Speakers Bureau project is guided by three universal guiding principles. They are the Universal Declaration of Human Rights, the Ottawa Charter of Health Promotion and the UNAIDS GIPA Principle - the greater involvement of People Living with or affected by HIV or AIDS. If we don't engage with HIV positive people and speak on their behalf - we fail these principles immediately. The extraordinary diversity of the speakers is a hallmark of success in bringing together people from very different backgrounds for a common goal. The strong community development and peer support focus makes the Speakers Bureau members feel part of a unique community who have overcome extraordinary health challenges and who are committed to give something back to the wider community.

to protect themselves, at home and abroad. Last year the speaker's total audience was in excess of 3800 people of whom more that 70% were secondary school students and 1st year medical students. To think that the speakers do this year after year is testament to their commitment to reduce HIV transmissions. PLWHA Victoria is proud of the collaborative approaches it takes on many campaigns and this is but one example.

> now been distributed to everv politician. resource managers of the top 40 companies. It is also available on the PLWHA plwhavictoria.org.au



## q health: SYPHILIS OUTBREAK

infection in Melbourne last year. After a twentyand of course. Melbourne.

Because of its long absence, some doctors mistakenly a short course of penicillin. believe it doesn't occur in Australia. Diagnosis can be tricky because the symptoms vary enormously. In fact, some patients have only discovered they have syphilis after being referred to a skin or eye specialist. Because it spreads through skin contact, syphilis infection is possible even when you're using condoms. The alarming thing about these outbreaks is the close relationship between HIV and syphilis. Syphilis makes HIV transmission much easier, and syphilis progresses much faster towards lifethreatening symptoms in positive people.

Around half the cases of syphilis diagnosed in Melbourne

men, with a relatively high net.au rate of re-infection in people who have been treated before. Regular testing is really easy if vou are HIV-positive - ask your doctor to include a syphilis test every three months when vour blood is taken for threemonthly t-cell and viral load

catch me if you can... counts. kiss and

Innovative New Campaign: The rest of the cases were found in HIV-negative men. A new campaign from PLWHA Victoria and VAC / GMHC targets both positive and negative men with messages about the syphilis outbreak. The key message is that gay / bisexual men need sexual health checkups more often to help bring the syphilis outbreak to an end. The campaign invites members of the gay community to reconsider their checkup schedule. For example, if you're currently testing every 12 months, consider switching to a 6

month cycle. And if you visit a sauna or dry sex venue once a month, or hooking up on a regular basis, the

101 ways to get it

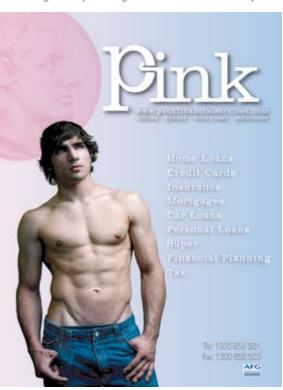
Nearly 400 men tested positive for Syphilis campaign recommends getting tested 3-4 times per year.

vear dormancy, the ancient infection is back with To help you work out how many checkups you need, visit the handy a vengeance. There have been outbreaks among GoTest website (www.gotest.net.au). Enter some brief details of your gay men in major urban centres around the world, recent checkup history and compare descriptions of your sex life to including London, Berlin, San Francisco, Sydney, choose the schedule that suits you best. You can even opt-in to receive SMS reminders from the gay-friendly clinic of your choice. Early detection through regular checkups makes treating syphilis really simple - it's just



were found in HIV-positive Find out how many sexual health checkups you need - visit www.GoTest.

Q Magazine - promoting the health of our community.



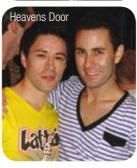
## q scene: OUT & ABOUT















































## q scene: **OUT & ABOUT**



Presentation of a new Viano to the PLC by Victoria's Health Minister Pictured from left to right: Brett Hayhoe - President PLWHA Victoria, Kevin Guiney - President VAC / GMHC, Minister Daniel Andrews, Tony Lupton - Member for Prahran, and Mercedes Benz' David McCarthy





















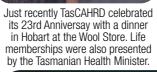














### q scene: **OUT & ABOUT**







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- Adv Cert TCM (Shenyang, China)
- Cert Traditional Chinese Massage
  - Registered Herbalist and

Acupuncturist



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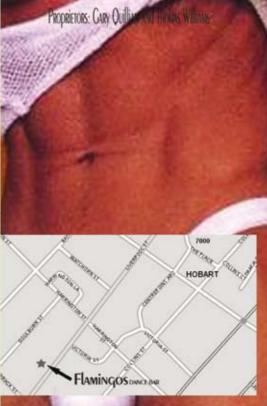
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### q travel: with SHEK GRAHAM

At Home in the Coral Sea Five months after leaving Cairns in the pouring rain we were finally back in the comfort of our beds. The cats had survived our long separation, and even the dogs seemed glad to be home at last!

We enjoyed our soft beds, hot powerful showers and watched tv for the first time in months. Best of all, my mug of earl grey tea didn't taste of smoke! Did I say the tea was the best of all? Oh no...sitting on a proper sparkling clean toilet... without flies and mosquitoes hanging around where the sun doesn't shine...that was the best of all!

Within days of our homecoming, our Pommie friends arrived back from their travels. The reunion was a little cool, but I had promised to take him diving again, so off we went. I have to say, it was a huge pleasure to slide into something warm and wet once more...Stop it you lot! I'm talking about the sea!

It was as if we had never been away. The next few days were full of magic. Green turtles came to have a look at us; the giant cod had never been more friendly; every species of anemone fish put on cute displays; and everything on the reef seemed to be competing in one enormous fashion parade!

Forget the feathers for Mardi Gras – fish scales are fabulous!



# q religion: THE UNITING CHURCH

Uniting Network Australia is the national network for lesbian, gay, bisexual and transgendered people, their families, friends and supporters within the Uniting Church in Australia. They proudly participate in helping the Church wrestle with issues of faith, sexuality and membership and work for greater inclusivity within the Church. Every two years, they meet for a gathering over the Queen's Birthday weekend. This year the gathering will happen in Adelaide, SA June 6 - 9, at Church of the Trinity, Goodwood Road, Clarence Park, commencing with registration from Friday 6.30pm and finishing on Monday at 1.30pm.

The theme - "Daring to weave our futures" will be considered from international, national and individual perspectives in relation to the vision of full inclusion of GLBT people within the life and ministry of the Uniting Church. The gathering is open to people of all faiths or no faith.

The President of the UCA will be an honoured guest and share with participants his perspectives on the theme.

The program details, costs, etc. are available on the Uniting Network Australia web site.

#### Registrations are NOW OPEN.

For more information, contact: Damien Stevens or Ro Allen, daring@ucce.org.au, 0418 511 562 or visit unitingnetworkaustralia.org.au



#### Things I hate about everybody....

People who point at their wrist while
 asking for the time....
 I know where my watch is pal,
 where the hell is yours? Do I point at my cock when I ask
 where the toilet is?

2. When people say "Oh you just want to have your cake and eat it too".

Too right! What good is a cake if you can't eat it?

3. When people say "it's always the last place you look".

Of course it is. Why the hell would you keep
looking after you've found it?

Do people do this? Who and where are they?

When people say while watching a film "did you see that?".

No tosser, I paid \$10 to come to the cinema and stare at the floor.

5. People who ask "Can I ask you a question?". Didn't really give me a choice there, did you sunshine?

6. When people say "life is short".
WTF?? Life is the longest damn thing anyone ever does!!
What can you do that's longer?

7. When you are waiting for the bus and someone asks, "Has the bus come yet?".

If the bus came would I be standing here, Knobhead?

8. People who say things like 'My eyes aren't what they used to be'.

So what did they used to be? ears, Wellington boots?

9. When you're eating something and someone asks 'Is that nice?'
No it's really revolting - I always eat stuff I hate.

10. People who announce they are going to the toilet. Thanks, that's an image I really didn't need.

11. McDonalds staff who pretend they don't understand you unless you insert the 'Mc' before the item you are ordering.....

It has to be a McChicken Burger, just a
Chicken burger gets blank looks.....

Well I'll have a McStraw

12. When you're involved in a accident and someone asks 'are you alright?

Yes fine thanks, I'll just pick up my limbs and be off.

and jam it in your McEyes you McTosser.

### do: IMMIGRATION MUSEUM

**Experience** the fabulous world of kimono With a history stretching over more than a style at the Immigration Museum: A new millennium, the kimono originated during exhibition of breathtakingly beautiful kimono the Heian period (794-1192), and its and accessories direct from Japan will show style has remained largely unchanged for the first and only time in Australia at the for at least the past 400 years. A kimono Immigration Museum, from 15 Mav.

Kimono: Osaka's Golden Age showcases the and fabric was specially woven to the sumptuous culture of the traditional kimono – its exact dimensions required. style, design, meaning and forms, as well as how to wear one

Including lavish kimono and accessories direct from through fabric choice — silk, cotton or the Osaka Museum of History, Kimono highlights a hemp could be chosen - and through golden age of prosperity experienced in Osaka 150 embellishments such as dyeing, painting, Immigration Museum's 10th birthday program, this supported by the City of Melbourne.

side city of Osaka rarely experienced such a until 14 September. moment of glory as during the late Edo and Meiji eras (1850-1900) when it was the commercial capital of Japan. Spectacularly rich merchants and their families could not join the nobility or the warrior classes, so they competed in displaying their wealth through their homewares and clothing.

"In this era, everyone in Japan wore kimono — from farmers to warriors." comments Padmini Sebastian. Manager, Immigration Museum, "But Osaka's aristocracy and merchants opted for a spectacular display of wealth through their fabulous and flamboyant kimono, by using the most expensive fabrics and the most intricate designs."

Showing around 60 highly decorated kimono, along with accessories such as shoes and hair ornaments. the Kimono exhibition provides a perspective on the history and culture of the kimono; how the garment was worn and its rich symbolism to the Japanese. Kimono in the exhibition include those worn by men, women and children, along with more unusual examples, such as a fireman's kimono.

A special area unique to the Kimono exhibition will encourage families to actively experience Japan's clothing traditions by learning how to dress in a yukata kimono. This interactive experience will include an information video on the kimono and how to wear it. as well as adult and child samples for visitors to try on.

is created by cutting and sewing a length of cloth about 40cm wide by 12m long:

The kimono's simple tailoring allows for expressions of individual taste



vears ago – a time when wealth was expressed embroidery or appliqué. Common motifs were symbolic animals, flowers and through luxurious and splendid fashions. Part of the family crests, adding layers of meaning to the garment.

stunning collection also celebrates and 30 years of The Immigration Museum will also offer education programs in conjunction with the Melbourne-Osaka sister-city relationship, and is the Kimono exhibition, including teacher professional development sessions, and a special winter school holiday program.

In its more than 1300 years of history, the harbour- Kimono: Osaka's Golden Age will show at the Immigration Museum, 15 May



48 Hoddle Street, Abbotsford www.stingohotel.com





However you enjoy our Anchorage Bar and Beer Garden ... It's Better with Bacardi or 42 Below Vodka ... any way you like it.









2 Below responsibly

